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Case Studies Before & Afters

*For professional use only, not for external sharing



Skin Accumax™

Problem Skin

Before and afters



Duration: 11 weeks



Duration: 15 weeks (back)



Duration: 24 weeks



Duration: 36 weeks

Patent approved technology



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Inflammation decreased by 23% in 12 weeks



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**Skin
Accumax™**
Targets problem skin

Clarifies complexion
Supports all areas including
face, chest and back
Patented formula

60 Capsules

Food Supplement

100% SKINCARE

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**Skin
Clear Biome™**
Targets problem skin

Calms and soothes skin
Gut-skin support
Patent-pending technology

Food Supplement

60 Capsules

SKIN ACCUMAX™ is an award-winning, bestselling supplement targeting problem skin

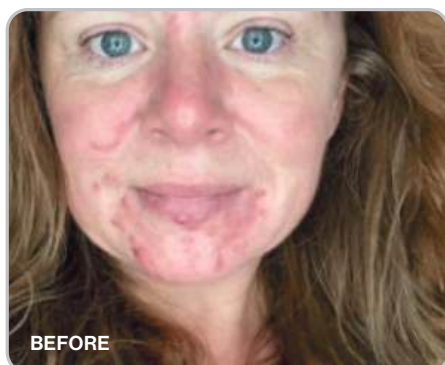
Skin Accumax™ & Skin Clear Biome™

Problem Skin

Before and afters



Duration: 4 weeks



Duration: 12 weeks



Duration: 13 weeks

Testimonial

"Ever since I started using Skin Accumax™ and Skin Clear Biome™ at the age of 24, I've noticed a difference with my skin with additional health benefits. My imperfections are disappearing and factors that use to cause my problem skin to flare up are decreasing. I noticed my bloating has decreased, I have more energy and I don't experience brain fog as often."

Shokooh (24)

Skin Clear Biome™

Problem Skin

Before and afters



15 days between the before and after images

This study was conducted over 8 weeks with 14 participants

74%

of participants reported improved digestive health

71%

of participants noticed clearer, more even skin

64%

experienced fewer breakouts

64%

noticed less oily skin

64%

reported reduced redness

64%

saw an overall improvement in skin appearance

64%

observed reduced discoloration from blemishes

Testimonialst

"I am overwhelmed with the results, it has exceeded my expectations. I will be lost without the product, it has really boosted my confidence, lots of people have noticed, and over the last 8 weeks I have made more progress on my skin than I have in 7 years. It's been completely life-changing."

Charlotte L (22)

"I noticed clearer skin, fewer monthly breakouts, and faster healing of blemishes. My digestion has also been a lot better, and I noticed a significant reduction in craving for sugar. My complexion is also a lot brighter."

Candice F (29)



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100% SKINCARE

Skin Clear Biome™

Targets problem skin

Calms and soothes skin

Gut-skin support

Patent-pending technology

60 Capsules

Food Supplement

Start every skincare journey with a Biome



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100% SKINCARE



Skin Youth Biome™

Targets ageing skin

Supports youthful, radiant skin
Gut-skin support
Patent-pending technology

Food Supplement

30 Day Pack
30 Capsules

Skin Youth Biome™

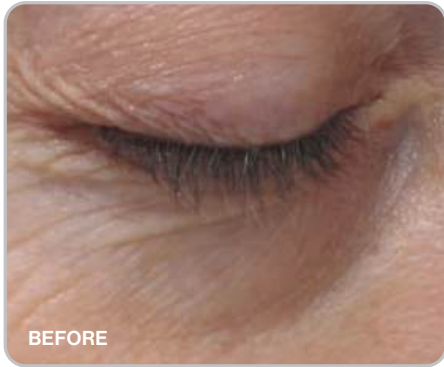
100% SKINCARE BEST BY DEC 2026

80% of participants showed improvements in wrinkle depth

Skin Youth Biome™

Ageing Skin

Before and afters



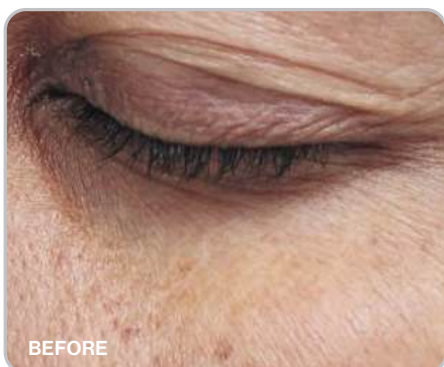
Duration: 12 weeks



Duration: 12 weeks



Duration: 12 weeks



Duration: 12 weeks

Skin Omegas+

Overall Skin Health

Before and afters



Duration: 12 weeks



Duration: 12 weeks



Duration: 14 weeks



Duration: 14 weeks



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100% SKINCARE



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Skin Omegas+

Provides total skin hydration

Nourishes skin
Gives a luminous glow
For all skin types

Food Supplement

60 Softgels

Our research showed that over 12 weeks, participants saw: 40% improved hydration



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Skin Ultimate

Targets ageing skin

Rejuvenating 5-capsule facial

Improves elasticity and firmness

For healthy skin*, hair* and nails†

100% SKINCARE

Vitam

Elasticity around the eye increased by 19% in 4 weeks

Skin Ultimate

Ageing Skin

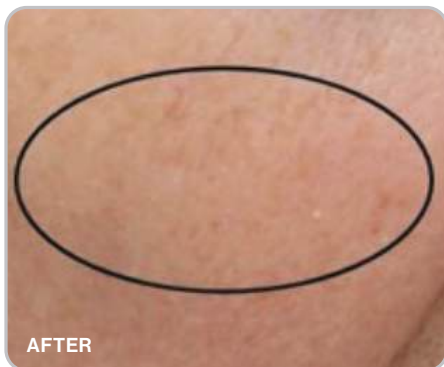
Before and afters



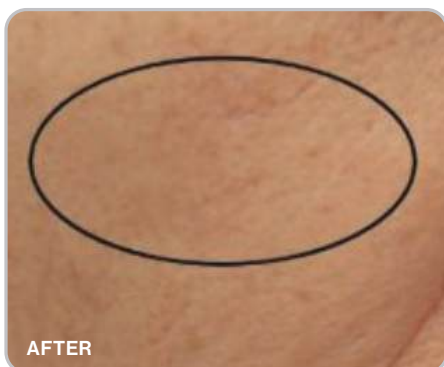
Duration: 4 weeks



Duration: 4 weeks



Duration: 4 weeks
(cheek area)



Duration: 4 weeks
(cheek area)

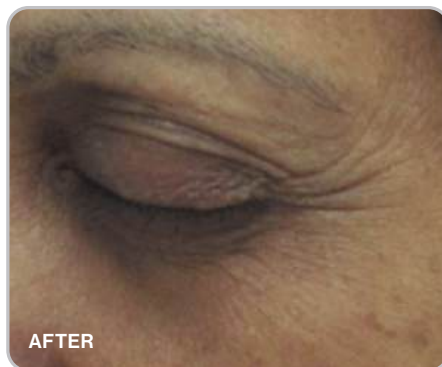
Skin Complete

Ageing Skin

Before and afters



Duration: 12 weeks



Duration: 12 weeks

Testimonials

"My skin has improved in quality since I started taking these and I can see visible results which make my skin look a little younger."

Julie G

"I have been taking Skin Complete Capsules for years now and would never be without them. Since taking these capsules it has improved my skin so much & I am very pleased with the results."

Ian G



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Based on research study, 36% participants saw an improvement in TEWL



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100% SKINCARE

Skin Collagen Synergy*

Targets ageing skin
Activates skin's own collagen*
For youthful-looking skin
Vegan-friendly formula

Modern
Multivitamin
+ Minerals



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Skin Youth Biome™

Targets ageing skin
Supports youthful, radiant skin
Gut-skin support
Patent-pending technology

100% SKINCARE

30 Day Pack
30 Capsules

Food Supplement

Skin Collagen Synergy & Skin Youth Biome™

Ageing Skin

Before and afters



**Duration: 2 weeks
(eye area)**



**Duration: 2 weeks
(eye area)**

“The specific combination of ingredients within each Advanced Nutrition Programme™ product is carefully designed to work harmoniously to deliver skin health.”

Lorraine Perretta

From the age of 25, research shows that our collagen levels deplete by 1% per year. To support collagen, a combination of collagen building nutrients such as vitamin C, zinc and phytonutrients should be a priority, which are all found in Skin Collagen Synergy.

Skin Moisture IQ

Dry Skin

Before and afters



**Duration: 1 weeks
(arm area)**



**Duration: 7 weeks
(cheek area)**

Testimonials

"I have been taking the Skin Moisture IQ supplements for about 3 months now and the changes to my skin are noticeable. I struggled with dry, problematic skin and have seen a massive improvement after taking the combination of supplements provided conveniently in a daily blister pack. I highly recommend it, particularly during the colder months!"

Annie M

My skin is smoother, feels soft, and less rough than previous winters. Usually, I have blemishes but haven't had any this time while taking the product. Fewer wrinkles appeared. Makeup is easier to apply. A friend in January said I was looking fresher than usual."

Claire H (43)



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100% SKINCARE

Skin Moisture IQ

Targets dry skin

Comforts and soothes skin
Plumps lines and wrinkles*
Hydrates skin from the inside-out

Food Supplement
Smart Supplement System

Hyaluronic Acid
+ Ceramides
+ Manganese

Omega 3 + 6

Omega 2

Vitamin

91% of study participants agreed that they had less dry and flaky patches



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100% SKINCARE

Skin Moisture IQ

Targets dry skin

Comforts and soothes skin
Plumps lines and wrinkles*
Hydrates skin from the inside-out

Hyaluronic Acid
+ Collagen
+ Magnesium

0

Omega 3 + 6

0

Omega 3 + 6

0

Vitamin A + D

0

Modern
Multivitamin
+ Minerals

0

Food Supplement
Smart Supplement System



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100% SKINCARE

Skin Clear Biome™

Targets problem skin

Calm and soothes skin
Gut-skin support
Patent-pending technology

Food Supplement

30 Day Pack
30 Capsules

Skin Moisture IQ & Skin Clear Biome™

Dry & Dehydrated Skin

Before and afters



Duration: 8 weeks

Testimonial

“After two months of taking Skin Moisture IQ and Skin Clear Biome I’ve noticed a significant improvement in my skin. A picture is worth a thousand words.”

International consumer

Start every skincare journey with a Biome as our Biomes are formulated with science-backed bacterial strains to nurture the gut-skin axis – the direct connection between a balanced gut and healthy skin. These live beneficial bacteria are specifically chosen to support a healthy gut and help crowd out the ‘bad’ bacteria.

The result: a balanced gut, and clear, brighter, healthier skin

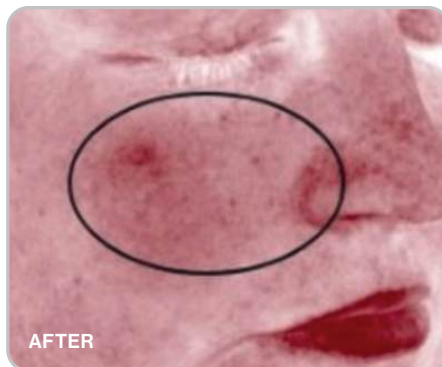
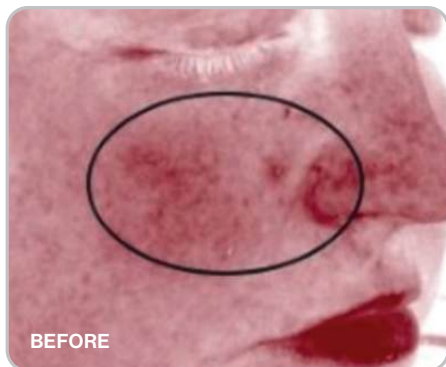
Skin Blue Filter

Specialist Solution

Before and afters



Duration: 8 weeks



Duration: 8 weeks



Duration: 8 weeks

The specific combination of ingredients within each Advanced Nutrition Programme™ product is carefully designed to work harmoniously to deliver skin health.



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100% SKINCARE



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Skin Blue Filter

Shields skin from blue light

Protects skin* by up to 60%
Targets premature signs of ageing
For all skin types

Food Supplement

60 Capsules

Protects skin from blue light impact by up to 60%*



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100% SKINCARE

Skin Ultimate

Targets ageing skin

Rejuvenating 5-capsule facial
Improves elasticity and firmness
For healthy skin*, hair* and nails*

100% SKINCARE

Skin Moisture IQ

Targets dry skin

Comforts and soothes skin
Plumps lines and wrinkles*
Hydrates skin from the inside-out



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100% SKINCARE

Skin Youth Biome™

Targets ageing skin

Supports youthful, radiant skin
Gut-skin support
Patent-pending technology

Food Supplement

30 Day Pack
30 Capsules

Hydroxy
+ C
+ Mar

Omega-3 +

Collagen 3 + 6

Vitamin A + D

Modern
Multivitamin
+ Minerals

28 x Daily Pods
140 Capsules

Skin Ultimate, Skin Moisture IQ & Skin Youth Biome™

Overall Skin Health

Before and afters



Duration: 16 weeks

Testimonials

"I have been taking the Skin Moisture IQ supplements for about 3 months now and the changes to my skin are noticeable. I struggled with dry, problematic skin and have seen a massive improvement after taking the combination of supplements provided conveniently in a daily blister pack. I highly recommend it, particularly during the colder months!"

Annie M

"I noticed an immediate difference when I started taking Skin Ultimate especially my hair and the quality of the skin."

Anna B (58)

"Layering supplements and a combination of nutrients are essential to support healthy skin ageing"

Dr Gaby Prinsloo, Medical Director

Skin Even IQ

Targets Pigmentation

Before and afters

*Based on a study using LipBarvis® technology conducted in 2022.



Duration: 12 weeks



Duration: 12 weeks



Duration: 12 weeks

“When our skin is exposed to UV rays, it triggers the body to produce melanin which acts as a natural shield against UV radiation, absorbing and dispersing the rays to protect our skin cells from damage. Because sun exposure can disrupt the normal production and distribution of melanin, you can get excess amounts of it in certain areas, leading to patches of darker skin. This is why a targeted supplement routine, to support these skin-deep issues, is essential”

Lorraine Perretta



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Skin Even IQ

Targets stubborn
pigmentation*

Reveals a radiant complexion
5 clever daily capsules
Unifies skin tone**

100% SKINCARE

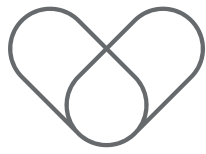
Niacin, Copper
+ Grapeseed extract

Vitamin E, Biotin,
Olive fruit
extract

10+



88% of participants saw a reduction in pigmentation in just 12 week



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For more information about our skincare supplements visit

www.advancednutritionprogramme.com

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